

Make it Fun and it will get Done!

the secret

to being organized

BAKING GOODS	Bread	Pickles
Baking Powder	Bread Crumbs	Relish
Baking Soda	Buns	Salad Dressing
Chocolate Chips	Cake Mix	Salsa
	Candy	Soy Sauce
	BREADS (continued)	Spaghetti Sauce
	Cereal	Syrup
BATHROOM	Chips	Tabasco Sauce
Bath Soap	Cookies	 Vinegar
Conditioner	Corn Starch	Worcestershire
Deodorant	Crackers	DAIRY
Feminine Products	Dried Herbs	Butter
Hair Spray		Cottage Cheese
Lysol		Cream Cheese
Razor Blades		Eggs
Shampoo	CANNED GOODS	 Margarine
Shaving Cream	Apple Sauce	Milk
Stamps	Baby Food	Other Cheese
Toilet Bowl Cleaner	Chili	Parmesan Cheese
Toothpaste	Fruit	Sour Cream
Vitamins	Mushrooms	Whipped Cream
vitaiiiiis	Soup	Yogurt
	Spaghetti Sauce	Toguit
	Spagnetti Sauce Tomato Sauce	
BEVERAGES	Tuna	DRY GOODS
Beer		
Cocoa	Vegetables	English Muffins Flour
Coffee		Flour Gelatin
	<del></del>	
Fruit Juice	CONDINAENTS	Nuts
Mineral Water	CONDIMENTS	Oatmeal
Oil	A1 Sauce	Pancake Mix
Soft Drinks	BBQ Sauce	Pasta
Tea	Honey	Pepper
Wine	Horseradish	Pop Corn
	Jelly/Jam	Raisins
	Ketchup	Rice
	Mayonnaise	Rolls
BREADS	Mustard	Salt
Bagels	Olives	Shortening
Beans/Lentils/Peas	Peanut Butter	Spices



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Sugar	Detergent	Paper Plates
Taco Shells	Fabric Softener	Paper Towels
Vanilla	Glass Cleaner	Plastic Wrap
	Stain Remover	Sandwich Bags
	<del></del>	Toilet Tissue
		Zip Locks
FROZEN FOODS	<b>MEAT, FISH &amp; POULTRY</b>	
Entrees	Bacon	
Ice Cream	Beef	
Juice	Chicken	VEGETABLES
Pizza	Deli Meat	Beans
Vegetables	Fish	Broccoli
Waffles	 Ham	Cabbage
	Hot Dogs	Carrots
	Lamb	Cauliflower
FRUIT	Pork	Celery
Apples	Sausage	
Bananas	Shellfish	Garlic
Grapefruit	 Turkey	Lettuce
Grapes	<u> </u>	Mushrooms
Lemons	MISCELLANEOUS	Onions
Melon	Air Freshener	Peppers
Oranges	 Bandages	Radishes
Peaches	Batteries	 Spinach
Pears	Candles	Squash
	Kitty Litter	VEGETABLES (continued)
	 Light Bulbs	Stewed Tomatoes
	Medications	Tomatoes
KITCHEN	<del></del>	<del></del>
All Purpose Cleaner		
Dish Detergent		
Dishwasher Soap		
Floor Cleaner		
Furniture Polish		
Oven Cleaner	PAPER PRODUCTS	
Steel Wool Pads	Aluminum Foil	
	Facial Tissue	
	Garbage Bags	
LAUNDRY	Lunch Bags	
Bleach	Napkins	

#### Daily

Estimated Time: 7 min.

### **Dress in Exercise Clothes**

As soon as your alarm goes off, get your exercise clothes on before your brat has a chance to change your mind about exercising.

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#### Daily

Estimated Time: 30 min.

# Shower/Dress/ Fix hair/ Make-up

If you wear make-up outside your home were it at home and be sure to dress all the way to shoes that tie.

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#### Daily

Estimated Time:

#### Exercise

At least 45 minutes 4 times a week. Ideally one hour daily. Whilk you exercise have a mental talk with your brat. Praise her for

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Daily

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Estimated Time: 5 min.

### Have a Talk with Brat

Go over the focus or theme for today and check your plan of action for today. Be firm about your goals and insure your brat that there are surprises for her...if she's good.

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# WHO'S IN CHARGE?

# WHO'S IN CHARGE?

#### Daily

Estimated Time: 5 min.

### **Empty Dishwasher**

While you are preparing breakfast, empty the dishwasher as one of

your first jobs in morning.



Estimated Time:

Daily

#### Fill Dishwasher



Clean as you go in the kitchen and add to the dishwasher all day. (If you don't have a dishwasher, get a dishpan to keep under the sink for the day's dirty dishes, then wash dishes once a day.)

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Daily

If it isn't fun, it won't get done.

### Daily/Every Other Day

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Clean dishwasher, microwave and oven door with a generous squirt of Windex or your favorite window cleaner.

Night night kitchen. Turn on the dishwasher and turn off the lights

and sleep well.

Start Dishwasher

Estimated Time: Duh!

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# WHO'S IN CHARGE?

# WHO'S IN CHARGE?

### Daily/Every Other Day

Estimated Time: 2 min

### Clean Oven Knobs/Clock

Spray Windex on a damp rag and then clean clock and knobs.



Estimated Time: 3 min.

Daily

#### Scour Sink



Sink Reflections and get a flylady magnet to remind you Keep your sink shiny AND empty all day. Read flylady's it all starts with your sink. www.flylady.net.

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Daily/Every Other Day

### Daily/Every Other Day

Estimated Time: 1 min.

#### Polish Faucets



Wash Window Over Sink

Estimated Time:

It makes all the difference in how clean your kitchen looks.

Of all the windows, this one gets the most splashes of eeuyou, you

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If it isn't fun, it won't get done.

### Daily/Every Other Day

Estimated Time:

Wash Countertops



You can't clean surfaces unless you have them!

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Daily

Wash Pots and Pans

Estimated Time:

Put them away too.



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#### Daily

Estimated Time:

#### Prepare Meals



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Daily/Every Other Day

If it isn't fun, it won't get done.





Daily, unless you have a dog that keeps up the floor on a corners and the dog will do a nice job cleaning them. regular basis. You can put a little dog kibble in the

If it isn't fun, it won't get done.

#### Daily

Estimated Time:



### Daily/Every Other Day

Estimated Time:

# Empty Garbage/Clean Under Sink



After you take the garbage out, wipe under the sink before you put the container back.

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Daily/Every Other Day

Estimated Time:

Clean Tub

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Daily/Every Other Day

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Estimated Time:

Clean Sink --Bathroom



To avoid a stinky sink take one minute to put a little cleanser in the sink and swish it with a rag.

When you take a bath, use bubbles and you won't have a ring to clean.

Calgone helps too.

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If it isn't fun, it won't get done.

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# Pick it up, don't pass it up, then put it away

# Pick it up, don't pass it up, then put it away

### Daily/Every Other Day

Estimated Time:

#### Clean Toilet

Keep a toilet brush and cleanser nearby and swish and flush.



#### Daily

Estimated Time:

### Squeegee Shower Stall

You will really cut down on icky mold by doing this as well as leaving your fan in the bathroom on for an hour after you shower.



Daily/Every Other Day

Estimated Time:

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### Daily/Every Other Day

Estimated Time: 5 min.

Make Bed



If you turned you bed into a centerpiece you'd want to make it every day.

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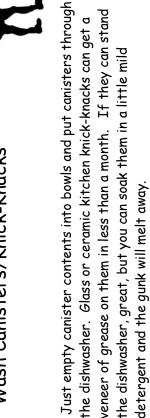
If it isn't fun, it won't get done.

#### www.Makeitfunanditwillgetdone.com www.Makeitfunanditwillgetdone.com Daily Daily If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: Feed Pets Sort Mail Pick up and put away all messes you've made today. If you have to sing www.Makeitfunanditwillgetdone.com $www. \\ Make it fun and it will get done. \\ com$ "Clean up, clean up, now it's time to clean up," sing it. Living Room/Family Room/Dining Daily/Every Other Day Daily Balance Checkbook If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time:

Daily Estimated Time:	ily	d Time:	Daily
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If it isn't fun, it won't get done.	www.Makeitfunanditwillgetdone.com	If it isn't fun, it won't get done.	www.Makeitfunanditwillgetdone.com
Daily/Every Other Day	Other Day	Daily/Eve	Daily/Every Other Day
Estimated Time: Study		Estimated Time:	
If it isn't fun, it won't get done.	www.Makeitfunanditwillgetdone.com	If it isn't fun, it won't get done.	www.Makeitfunanditwillgetdone.com

Estimated Time:

### Wash Canisters/Knick-Knacks



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Estimated Time:



Once a week get down on your knees for the floor in the kitchen. A great time to say your prayers while you're down there.

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### Weekly/Every Other Week

Estimated Time:

# Kitchen Wash/Polish Woodwork



My cabinetmaker advised me to use plain ol' Pledge on my cabinets and hit once a month. My kitchen is three years old and the wood is just woodwork. I divided my kitchen into four quadrants and weekly I do a quadrant so all my wood in the kitchen gets a Pledge beautiful.

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### Weekly/Every Other Week

Estimated Time:

Clean Toaster/Can Opener



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Monday

Tuesday

Estimated Time:

Bleach Cutting Board



### Weekly/Every Other Week

Estimated Time:

Clean Drip Pans and Rims of Range



Soak in ammonia and water for 30 minutes. SOS is great for getting hard stuff off of metal rims. Why don't you go soak in a nice bubble bath while your drip pans and rims are soaking?

If it isn't fun, it won't get done.

Weekly/Every Other Week

Clean Inside Microwave

Estimated Time:

If it isn't fun, it won't get done. www.makeitfunanditwillgetdone.com



### Weekly/Every Other Week

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Estimated Time:

Clean Shower Stall



If you put a bowl of water in the microwave and turn on high for one minute, the steam will loosen the dried on gunk.

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If it isn't fun, it won't get done.

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Wednesday

Thursday

#### Saturday www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Weekly/Every Other Week Weekly/Every Other Week Polish Bathroom Countertops Wash Bathroom Floor If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Friday Weekly/Every Other Week Weekly/Every Other Week Clean Brushes and Combs Wash Bathroom Mirrors Run them through the dishwasher. If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time:

Estimated Time:

Church



### Weekly/Every Other Week

Estimated Time:

Dust/Polish Living Room Furniture



If it isn't fun, it won't get done.

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Weekly/Every Other Week

Estimated Time:

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Weekly/Every Other Week

Dust Picture Frames

Estimated Time:



com If it isn't fun, it won't get done.

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# Wash Windows Inside

At least paper towel and Windex finger prints and smudges.

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Sunday

#### www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Shake/Vacuum Bedroom Area Rugs Weekly/Every Other Week Weekly/Every Other Week If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Shake/Vacuum Living Room Area Rug Weekly/Every Other Week Weekly If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: Pay Bills

#### www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Your Regular Commitments Weekly Weekly Candlelight Dinner If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Husband's Regular Commitments Weekly Weekly Children's Lessons If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time:

Estimated Time:

**Breakfast Out** 



### Weekly/Every Other Week

Estimated Time:

Bake



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If it isn't fun, it won't get done.

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# Weekly/Every Other Week e:

Polish Shoes

Estimated Time:

Weekly

Estimated Time: 10 min. per load

Laundry



Laundry is a four-part process: wash, dry, fold, PUT AWAY.

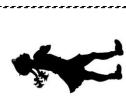
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If it isn't fun, it won't get done.

Estimated Time:

Wash Hand Washables



### Weekly/Every Other Week

Estimated Time:

Mend/Iron



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If it isn't fun, it won't get done.

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### ---

Weekly/Every Other Week

Estimated Time:





Clean Laundry Room Floor

Estimated Time:



If you skip lunch and plan menus your hunger will help you think up delicious combinations. Go to <a href="www.flylady.net">www.flylady.net</a> and buy Saving Dinner great book for menu planning.

If it isn't fun, it won't get done.

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If it isn't fun, it won't get done.

www.makeitfunanditwillgetdone.com

www.flylady.net

# www.shesintouch.com

#### www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Weekly/Every Other Week Weekly Patio (clean and sweep) If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: Mow Lawn www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Weekly/Every Other Week Weekly Sweep Porch and Walks Change Kitty Litter If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time:

#### www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Weekly/Every Other Week Weekly/Every Other Week If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: Lunch Out Wash Car www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Weekly/Every Other Week Weekly/Every Other Week If it isn't fun, it won't get done. If it isn't fun, it won't get done. Clean Out Car Fun Shopping Estimated Time: Estimated Time:

#### www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Weekly/Every Other Week Weekly/Every Other Week If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: Dinner Out Manicure www.makeitfunanditwillgetdone.com www.makeitfunanditwillgetdone.com Weekly/Every Other Week Weekly/Every Other Week If it isn't fun, it won't get done. If it isn't fun, it won't get done. Estimated Time: Estimated Time: Pedicure Hobbies

#### Weekly

Estimated Time:

### Vacuum Living Room

Turn up the music and dance with your vacuum cleaner.



#### Weekly

Estimated Time:

### Vacuum Bedroom

Turn up the music and dance with your vacuum cleaner.



If it isn't fun, it won't get done.

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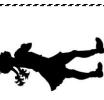
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Estimated Time:

Dust/Polish Furniture Living Room



### Weekly/Every Other Week

Estimated Time:

Dust/Polish Furniture Bedrooms



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If it isn't fun, it won't get done.

Estimated Time:

Wash Inside Windows Bedrooms

At least paper towel and Windex finger prints and smudges.



Estimated Time:

Weekly/Every Other Week

Wash Inside Windows Living Room

At least paper towel and Windex finger prints and smudges.



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Estimated Time:

**Dust Picture Frames Bedrooms** 



Weekly/Every Other Week

Estimated Time:

Dust Picture Frames Living Room



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If it isn't fun, it won't get done.

Estimated Time:

Wash Mirrors Bedrooms



### Weekly/Every Other Week

Estimated Time:

Wash Mirrors Living Room



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Weekly/Every Other Week

Cobwebs Bedrooms

Estimated Time:

If it isn't fun, it won't get done.

Weekly/Every Other Week

Estimated Time:

Cobwebs Living Room



If it isn't fun, it won't get done.

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If it isn't fun, it won't get done.

Estimated Time:

**Dust Lampshades Bedrooms** 



### Weekly/Every Other Week

Estimated Time:

Dust Lampshades Living Room



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Weekly/Every Other Week

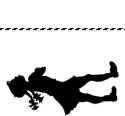
Estimated Time:

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Weekly/Every Other Week

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Estimated Time:



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If it isn't fun, it won't get done.

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Estimated Time:

### Clean Inside Oven

If you don't want the smoke alarms going off every time you preheat, clean at least once a month.



ı don't want the smoke alarms ilean at least once a month.

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Seasonally



**Defrost Freezer** 

Estimated Time:

Don't let getting into your freezer be a walk down memory lane. If you defrost your freezer in the winter and it's cold where you live, just put your frozen food outside until you get your freezer defrosted and cleaned.

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### Monthly/Every Other Month

Estimated Time:

### Clean Refrigerator

Which is better? Unscrew the light in the fridge so guests who help you in the kitchen won't see how ugly it is in there, or clean it out once a month and have a fresh smelling fridge to live with?

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### Monthly/Every Other Month

Estimated Time:

Clean Outside of Freezer



If it isn't fun, it won't get done.

Estimated Time:

**Inventory Frozen Food** 



### Monthly/Every Other Month

Estimated Time:

# Re-organize Cupboards/Drawers

If you count all the drawers in your kitchen and then divide the number by four that will give you the number of drawers to re-organize every quarter or at the turn of each season. You'll want to empty them, wash the shelves and change shelf paper if you use it.

If it isn't fun, it won't get done.

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If it isn't fun, it won't get done.

Monthly/Every Other Month

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### Seasonally

Estimated Time:

Paint/Wash Kitchen Walls/Ceilings



Clean Kitchen Fan

Estimated Time:

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If it isn't fun, it won't get done.



#### Seasonally

Estimated Time:

Wash/Dry Clean Kitchen Curtains



### Monthly/Every Other Month

Estimated Time:

Clean Kitchen Light Fixtures



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Monthly/Every Other Month

Monthly/Every Other Month

If it isn't fun, it won't get done.



Estimated Time:

Wash Shower Curtain



Clean more often than monthly if your family is sneezing and coughing.

Clean telephone

Estimated Time:

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If it isn't fun, it won't get done.

If it isn't fun, it won't get done.

Estimated Time:

Wash Kitchen Area Rugs



### Monthly/Every Other Month

Estimated Time:

Wash/Dry Clean Bedroom Curtains



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Seasonally

Wash Outside Windows

Estimated Time:

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Seasonally

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Estimated Time:

Wash/Paint Living Rm Walls/Ceiling



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If it isn't fun, it won't get done.

Estimated Time:

Clean/Polish Tile



(You need to make cards for every room where you have tile.)



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# Monthly/Every Other Month

Estimated Time:

# Clean/Polish Living Room Woodwork

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#### Monthly

Estimated Time:

# Clean Organize Cupboards and Drawers

Bathroom cupboards and drawers can be divided into quadrants so every month a section gets a thorough cleaning and reorganizing.

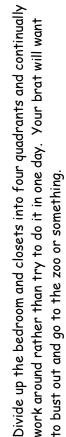
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### Monthly/Every Other Month

Estimated Time:

Clean/Organize Closets and Drawers



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Estimated Time:

## Wash Ornaments/Knick Knacks

Living room décor is often just dusted and needs cleaning with some



Estimated Time:

Living Rm Curtains/Drapes (wash/dry clean

Monthly/Every Other Month

appropriate cleaning solution.

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Monthly/Every Other Month

Move Furniture (vacuum under)

Estimated Time:

If it isn't fun, it won't get done.

Seasonally

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Estimated Time:

Clean/Paint Living Room Walls



Give your living room a new look just by moving furniture around.

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If it isn't fun, it won't get done.

Estimated Time:

Clean Fireplace

Rent dump truck for ashes.



### Monthly/Every Other Month

Estimated Time:

Clean Under Bed

Who knows what you'll find????



Monthly

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If it isn't fun, it won't get done.

Monthly/Every Other Month

Estimated Time:

Family Council



Estimated Time:

Write Letters



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If it isn't fun, it won't get done.

Estimated Time:

Wash Mattress Pad and Blankets



### Monthly/Every Other Month

Estimated Time:

Clean Laundry Room Shelves



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Monthly/Every Other Month

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Fertilize Plants Estimated Time:



Bathe Dog

Estimated Time:



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If it isn't fun, it won't get done.

Estimated Time:

#### Flip Mattress



Estimated Time:

Monthly/Every Other Month

#### Clean Purse





those space-age foam deals on your bed or the kind of mattress that Flip mattress at least every other month, unless you have one of doesn't need flipping.

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Monthly

# Monthly/Every Other Month

If it isn't fun, it won't get done.

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Estimated Time:



Fingerprints On Light Switches

Estimated Time:

If it isn't fun, it won't get done.

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If it isn't fun, it won't get done.

Estimated Time:

Clean Living Room Light Fixtures



### Monthly/Every Other Month

Estimated Time:

Clean Dining Room Light Fixtures



If it isn't fun, it won't get done.

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Monthly/Every Other Month

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If it isn't fun, it won't get done.

### Monthly/Every Other Month

Estimated Time:

Clean Bathroom Ceiling Fan



Clean Bedroom Light Fixtures

Estimated Time:

If it isn't fun, it won't get done.

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If it isn't fun, it won't get done.

## Monthly/Every Other Month

Estimated Time:

Clean Bedroom Light Diffusing Bowls

That's another name for bug cemetery.



# Monthly/Every Other Month

Estimated Time:

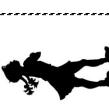
Clean Living Room Light Diffusing Bowls



If it isn't fun, it won't get done. www.makeitfunanditwillgetdone.com

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# Monthly/Every Other Month



Clean Bathroom Light Diffusing Bowls

Estimated Time:

Monthly/Every Other Month

If it isn't fun, it won't get done.

Estimated Time:

If it isn't fun, it won't get done.

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If it isn't fun, it won't get done.	www.makeitfunanditwillgetdone.com	If it isn't fun, it won't get done.	www.makeitfunanditwillgetdone.com
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#### Additional Lists for 3x5 Make It Fun & It Will Get Done Cardfile System

#### **Christmas Activities List**

Buy Christmas presents \* Buy Christmas cards Address Christmas cards Write Christmas letter ONLY if you are a good writer and NO BRAGGING! Start baking Wrap presents for mailing Mail Christmas cards and letters Mail packages Make Christmas decorations Get the tree Plan Christmas menu Put up house lights Decorate tree Decorate house Take children shopping Christmas caroling Work on church program

\*If while buying a person's birthday present you also bought their Christmas present, you'd have that person taken care of for Christmas and you wouldn't have that annual crunch when you hear, "Only five more shopping days 'til Christmas.

Help plan kids' party at school



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#### What I Love

Being with my husband Talking to my kids Playing with my grandchildren Napping Sitting in the shade on a sunny day The smell of freshly cut grass Seventy-five degree weather **Puppies** Long walks in the country The sound of those sprinklers that jerk around Baby any things Christmas music Broadway music Cooking A fresh hot cup of coffee in the morning Eating in a restaurant Singing in a group and harmonizing Window-shopping Playing the piano The Ballet Gershwin's "Rhapsody in Blue" Reading a good novel A crackling fire on a cold night or day Dancing Baked potato **Parties** Going barefoot Having a barbecue

Now you make YOUR list.



#### Fifteen-minute fun things—you get two per day

In the workplace people get a couple coffee breaks a day-- these are the equivalent for working at home.

Call a favorite person Have a relaxing cup of tea Play in the garden Go for a short walk Get fresh air Look at old photos Take pictures Write a letter or e-mail to a friend far away Play a musical instrument Sing Dance Nap Do a crossword puzzle Do a jiqsaw puzzle Knit, crochet or do needlepoint Play with your children Daydream Read something funny Read a magazine Think about your favorite vacation

Now make YOUR list.



#### **Jobs for Kids**

#### Your three-year-old child can do these chores:

Brush teeth
Comb hair (will need help)
Get dressed, put away pajamas
Make bed (will need help)
Fold clothes (washcloths and small articles)
Empty dishwasher (will need help)
Clear meal dishes
Empty wastebaskets
Pick up toys before bed

#### Your five-year-old child can do all of the above chores plus:

Set the table
Clean bathroom sinks
Help clean and straighten closest and drawers
Feed pet (if it doesn't require opening a can)
Dust furniture in room
Vacuum room
Help put groceries away

Your seven-year-old child can do all of the above chores plus:

Empty garbage
Sweep walks
Help in the kitchen before and after dinner
Help make lunch for school
School homework
Clean out car
Music lessons



Your eight-year-old child can do all the above chores plus:

Wash bathroom mirrors
Wash windows
Wash floors with small areas
Polish shoes
Laundry
Iron

As your children grow, more responsibility can be given to them. Use your judgment when assigning these jobs:

Wash car
Mow lawn
Yard work
Prepare meals
Paint
Clean refrigerator
Grocery shop

Your children should leave your home as adults knowing how to:

Do laundry
Iron a blouse or shirt
Prepare nutritious meals
Change a tire
Balance a checkbook
Make and stick to a budget
Invest
Save



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#### **Entertainment Check List**

(Revise to fit your needs.)
Clean BBQ grill

Make a menu Yard work Refreshment supplies

DAY OF

Clean deck

Check entry inside and out/sweep

sidewalk

Plan what time dinner will be

served, then back-time when to

start cooking each item
Check ice quantity

Vacuum living room

Dust living room

Pledge table

Check guest bath

Wipe down refrigerator and micro

doors

Set table

#### HALF HOUR BEFORE ARRIVAL

Music Fire

Candles Set up bar Start BBQ

Wash cook top

Sweep kitchen floor

Travel checklist (Revise to fit your needs.)

Book hotel			
Book flights		mileage plan #	
PDX	Destination	AIRLINE	
Destination	PDX	AIRLINE	

Ground Transportation to hotel from airport Passport/Visa

How are you paying for this trip?



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#### Three weeks before

Set up ground transportation if you aren't going to park at the airport phone

Check medicine quantities and order if needed
Stop mail (get form) Stop paper \_\_\_\_\_phone
Film for cameras
Foreign currency ???
One week before
Arrange for someone to water plants
Notify \_\_\_\_\_ how to contact us

Pay bills, put money in accounts

Laundry

Special clothin

#### The day before

conditioner

Toothbrush

Razor and charger

Camera

home

Lights on timers in house Sandals/ thongs
Cash, travelers checks PIN #s Warm socks for flight
Charge batteries...cameras, Hair drier shampoo and

toothbrush, razor

Gas in car "Wet clothes" bag for coming

Phone numbers we might need

while on trip

Medicines, vitamins, aspirin

Laptop/power wire

Books Turn off fireplace pilot lights
Magazines SET AND CHECK ALARM CLOCK

Shoes for bike riding, walking

#### Departure day

PASSPORTS, TICKETS (flights, transfer, hotel), MEDS, SUNBLOCK, CHAPSTICK, SUNGLASSES, SUN HAT

Vacation temperature on thermostat 55 degrees

Garbage out



#### Post Trip

Thank you cards Unpack and put luggage in storage
The following is a guide to having monthly family meetings and includes important dates and lists you will want to program into your system.



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#### **January - Fresh Starts**

- l New Years Day
- 1 Make a list of all birthdays, anniversaries and special events for the year.
  - Decide how much you'll spend on gifts.
  - Put each birthday and anniversary reminder in your planner one month before the actual date.
- Post your New Year's resolutions so you and your brat can be reminded of your intentions.
- Put all school, club, church etc activities for the year into your planner.
- 1 Take the Christmas tree down if you put one up.
- 15<sup>th</sup> Start planning for Valentines Day party.

Take down outside holiday lights.

Play in snow.

Start gathering income tax information.

Super Bowl party plans.

Plan President's Day for next month.

Spring vacation plans.

Make plans for Martin Luther King Day.

Start planning a summer vacation.

25 Check next month's family calendar.

Have a family meeting.

#### **January Family Meeting**

Agree on a day for a regular monthly meeting.

Set priorities for spending money and decide on allowances for the children.

Set new rules for home (See I'm OK, but You Have a lot of Work to do by Pam Young and Peggy Jones only available on <a href="www.shesintouch.com">www.shesintouch.com</a>.

Establish routines for family so everyone knows what to expect at any given time. Base your routines on YOUR priorities. Schedule your routines in your planner and post the schedule on a family calendar. Also insist each member of the family place appointments, events and deadlines on the family calendar.



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#### February-Romance

Muharram

Ash Wednesday

Chinese New Year

President's Day

Plan garden and put things to do into planner according to where you live and the weather.

Clean and defrost freezer. (Put food outside if cold Enough.

Martin Luther King Day

14 Valentines party

Do you need dental appointments?

Plan Easter activities.

Continue gathering income tax information.

- 25 Check next month's family calendar.
- 27 If you think you'll get money from IRS complete your taxes now.

Have a family meeting.

#### February Family Meeting

Hand out a "What I love" paper and have each family member make a list of what they love.

Read a passage from a sacred or inspirational book about love.

Go around the	e table having	g each family	member say	to each one	"I love the
way you					

Brainstorm and make a list of "ways to make love visible."

Agree on a weekly family dinner night.

Remind everyone about next month's theme.

#### Private meeting with your mate



Schedule one quarterly get away for you and your mate. Make a "date idea list" of romantic things you can do for under a certain dollar amount.

Schedule one weekly night with your mate and enter on family calendar for the next three months.

Go over the "50 gifts for marriage" list. (see below)



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#### March - Dreams to goals

Purim

Baha'i New Year (Naw Ruz)

Easter

St Patrick's day

l Start completing income tax forms.

Finalize summer vacation plans.

Freshen house interior décor to reflect season.

Think up a good April Fools joke...(if you joined 365 on www.thebratfactor.com site you'll get ideas).

Go fly a kite.

25 Check next month's family calendar.

Have a family meeting.

#### March Family Meeting

Make a list of all the things you and your family wants to accomplish in the next year and rank goals as family.

Decide on top 3-5 and put on family calendar for all to see.

Gather stack of old magazines, have family cut out pictures that symbolize goals and put them in a folder to look at often.

Discuss the difference between dreams and goals. It's paper!

Discuss the difference between a goal on paper and an accomplished goal. It's action!

Schedule deadlines for action steps to achieve goals.

Discuss ways your family can help individual members achieve their goals.



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#### **April - Making A Better Place to Live**

Passover

Earth Day

Complete your income tax forms.

10 Mail your taxes.

Start thinking about special things to do with kids during the summer months.

Memorial Day plans (flags at cemetery).

Put away winter clothes and get out spring clothes.

Schedule six-month dental appointments.

Take snow tires off depending on weather and state laws.

Get out picnic table, lawn chairs etc depending on weather.

Make Mother's Day plans.

Think of cards or gifts for teachers for the end of the school year.

Check summer school classes and activities.

Install new batteries in smoke detectors.

25 Check next month's family calendar.

Have a family meeting.

#### **April Family Meeting**

Take "This is the Way We Live" photos or video of each room in your home.

Show the video and let your family identify the "nests" and figure out what they have in common. Discuss how the family would *like* the photos/video to look.

Ask for suggestions about what you would have to do to change how your home looks and keep it that way. Plan a family de-junking weekend with a "Drop-off junk-celebration pizza."

Choose from various charity groups and discuss how fun it will be and how much those with very little will appreciate what is given. Hand out produce boxes to pre-gather clothes, toys, books, games, etc.

Agree to take "This is the New Way We Live" photos after the de-junking weekend to show at the May meeting.

Schedule a family "Spruce Up the House Hour" explaining lick-and-a promise cleaning and put it in your planner for once a week.



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#### May - Recreation, Fun and Laughter

Orthodox/Greek Easter Declaration of the Bab Memorial Day Ascension of Baha'u'llah

5 Cinco de mayo

Make sure you are prepared for end of school.

Get sunscreen and mosquito repellent.

BBQ clean? Check supply of propane or briquettes.

Mother's Day

Make Father's Day plans.

Plan July 4<sup>th</sup> party.

25 Check next month's family calendar Have a family meeting.

#### **May Family Meeting**

Bring your local newspaper's entertainment section, TV guide, telephone book, chamber of commerce packet (climb the mountain closest to home).

Plan family gathering, picnics, parties, reunion. Plan vacation, set date, put on calendar and in planner. (Seek out vacations that cater to families and entertain the kids during the day, such as dude ranches, snow skiing, etc.)

Plan one activity weekly involving immediate family. Make a list of favorite movies. Keep it in planner.

Make a list of major and minor fun events and schedule tentative dates.

Show pictures you took last month of your home.



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#### June-Appreciation

Shavuot

Schedule back to school physicals and dental

appointments for children

Celebrate Flag Day

Father's Day

25 Check next month's family calendar

Get pets on flea prevention.

#### June Family Meeting

Hold the meeting outside and appreciate the yard and garden in the newness of summer.

Start an alphabetical "I'm Thankful For" list and go around the table filling up the page (everyone has to think of a blessing for each letter).

Start at zone one and tour your home as if you were thinking of buying it.

Make a list of the positive things about your house and then make a list of projects to make it better.

Schedule a "Weekend Family Fix-a-thon" (put it on the family calendar and in your planner.

Pass out thank you notes, have everyone write them (or color a picture), seal them, and pass them around the table for reading privately.



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#### July - Parents, Kids, Extended Family

July 4<sup>th</sup> activities

25 Check next month's family calendar
Labor Day plans
Have a family meeting

#### July Family Meeting

Before the meeting, make a list of extended family members, add to list at meeting, and rate each person on the list A,B,C.

Discuss what the family will do throughout the year to make a closer family.

Make decisions and put them on the family calendar and in your planner.

Schedule one-on-one time with members of family.

Set up rotating schedule for kid-of-the-month, discuss possible privileges for that child.

Plan work on kid's rooms.



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#### **August - Community Involvement**

Do you need dental appointments?

Check next month's family calendar.

Shop for back to school clothes and supplies.

Have a family meeting.

Mark Labor Day.

#### **August Family Meeting**

Bring to the table a collection of community needs. (Your church or club probably already has an outreach program in place that you can discuss.)

Choose a cause for the next 12 months. Explain that each of you will be sharing your time, talent and money.

Discuss how you will help as a family and individually. Choose a day of the month to serve your cause and put it on the family calendar and in your planner.

Keep a section in your planner for your cause and keep a journal of your activities.

Discuss your views on political issues.

Vote (Put elections on calendar.)



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#### September -Finances

Start planning for holidays

Summer clothes away, winter clothes out depending on weather.

Plan Thanksgiving dinner.

Put away picnic table, lawn chairs etc. depending on weather.

Freshen house interior décor to reflect season.

Think about veterans to honor Nov 11.

Make Columbus Day plans.

Think about Halloween costumes.

25 Check next month's family calendar Have family meeting

#### **September Family Meeting**

Discuss a savings plan and give each child a piggy bank. Discuss ways to see progress (posted graph, put on family calendar).

Make peace with the past. Talk about how clutter is a definite sign there is enough.

Set date for garage sale and put on calendar NOW!



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#### **October - Health and Beauty**

Ramadan

Rosh Hashanah

Yom Kippur

Veteran's Day

Sweetest Day (non-romantic love day)

Columbus Day

Schedule dental appointments before the end of year to take advantage of dental plan benefits.

Start buying gifts for the holidays.

Buy trick or treat items—do not eat...they are for trick or treaters.

Make plans to do something special for a veteran.

Make and freeze cookie dough for the holidays.

Start addressing cards for holidays.

Keep preparing for Thanksgiving and the holiday.

- 21 Change batteries in smoke detectors.
- 25 Check next month's family calendar.

Have family meeting.

Day before Halloween double check costumes and treats.

31 Halloween

#### **October Family Meeting**

Discuss how your daily routine affects your health and beauty.

Brainstorm about how routines could be changed to make life better.

Discuss the importance of getting enough sleep.

Adopt the "15 minutes earlier rule" adjusting bedtime and wakeup times.

Discuss in what areas you feel stressed and brainstorm for ways to lessen that stress.

Go over the items in your first aid kit and remind everyone where it will be kept in case of an emergency.



Go over an escape plan in case of fire (put it on the calendar to check smoke detector batteries each time daylight savings time is changed).

Discuss how everyone can exercise together and individually (put it on the daily routine).

Get a good daily vitamin and remember to take it (put it on the daily routine).

Check out the possibility of joining a health club.

Schedule a monthly massage.

Schedule a chiropractic adjustment quarterly.

Choose a simple hairstyle that you can fix easily.

Schedule a month hair appointment (choose a salon where there are enough stylists so the kids can all get clipped at the same time).

If anyone in the family is overweight, agree that everyone in the family is on the same diet, everyone eats five servings of fruit and vegetables a day and everyone cuts the fat.

Schedule six-month dental exams.

Schedule yearly physicals.

Beautify your home and your workplace with healthy plants.

Subscribe to one well-rounded magazine that will keep you current on wardrobe and decorating styles.



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#### November - Hospitality, Friendship and Giving

All Saint's Day

All Soul's Day

Dia de los AMuertos

Diwali

Eid al-Fitr

Veteran's Day

Thanksgiving

Plan holiday party/meals

Give leftover trick or treats to foster homes---do not

eat them yourself.

Mail holiday cards.

Plan for New Years Eve, Kwanzaa, Hanukkah.

Start wrapping presents.

10 Mail overseas holiday gifts including to our troops.

Put up outside holiday lights.

Write clever, funny, non-bragging holiday letter

25 Check next month's family calendar

Have family meeting

#### **November Family Meeting**

Bring a list of friends you'd like to invite to a wedding. It could be the same list of family from July list. Add to list, rate people A, B, C and plan to have "A"s over each quarter.

Plan gift buying throughout the year to take advantage of bargains.

Look at your entertaining wares with new eyes.

Inventory as if you were getting married (upgrade your stuff throughout the year).

Pick a theme for Christmas gifts and order all at the same time.

Discuss who to send Christmas cards to.



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#### **December - Spiritual and Personal Growth**

Christmas

Bodhi Day

Immaculate Conception of the Blessed Virgin Mary

Chanukah

Kwanzaa

Mail stateside holiday gifts.

Deck the halls.

Buy or cut your Christmas tree.

Decorate the tree

Take children to see Santa.

Water Christmas tree daily (put daily routine)

Take children shopping so they can buy presents—by 15<sup>th</sup>

Go caroling.

Have children make cards and visit senior center.

Holiday tips for hairdresser, garbage man, newspaper delivery and others.

Make list of New Year's resolutions.

25 Check next month's family calendar (Merry Christmas.)
Have family meeting.

#### **December Family Meeting**

For this meeting have beautiful music softly playing in the background. Have everybody write their spiritual and personal resume including education, work experience, skills, honors, activities and character references (pretend you want to be hired by God).

Discuss how the resumes could be improved (identify the weak spots).

Discuss what would happen if everyone decided to do more than his/her share of the work (test that idea throughout the month and report back).

Discuss what would happen if everyone used down time to count his/her blessings (test that idea throughout the month and report back).

Hand out "Ask the Right Questions" page.



Pray together for bosses, co-workers, teachers, neighbors, clergy, world leaders and our country, as well as our community.

Ask everyone to keep a prayer journal sharing answered prayers monthly.

Suggest listening to educational and inspirational tapes while exercising and community.

Make a family commitment to become lifelong learners experimenting with new approaches and ideas (resisting the temptation to read only what we already believe).

Elect a "Family Librarian" to feature a book-of-the-month (following the monthly theme).

End the meeting by reading Ralph Waldo Emerson's words about success: "To laugh often and love much; to win the respect of intelligent people and the affection of children, to earn the approval of honest critics and endure the betrayal of false friends; to appreciate beauty; to find the best in others; to give of one's self; to leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to have played and laughed with enthusiasm and sung with exultation; to know even one life has breathed easier because you have lived....this is to have succeeded."



#### Family Questionnaire

What is your favorite restaurant?
What is your favorite flavor of ice cream?
What is your favorite nut?
What is your favorite candy?
What is your favorite vegetable?
What is your favorite television channel?
What is your favorite television show?
What is your favorite holiday?

Put these in order of preference for movies: Comedy/Adventure/Romance/SciFi

Who is your favorite female actress? Who is your favorite male actor? Who is your favorite author? What is your idea of fun? What is your favorite kind of music? What is your favorite thing to wear? What is your pants size? What is your dress size? What is your shoe size?



#### Financial Quiz

Do you have enough money?

Are you spending enough time with your family and friends?

Do you come home from your job full of life?

Do you have time to participate in things you believe are worthwhile?

If you were laid off from your job, would you see it as an opportunity?

Are you satisfied with the contribution you have made to the world?

Are you at peace with money?

Does your job reflect your values?

Do you have enough savings to see you through six months of normal living expenses?

Is your life whole? Do all the pieces -your job, your expenditures, your relationships, your values—fit together?

#### **Ask The Right Questions**

Pick out of these or think up your own five questions you can ask yourself every morning this month. Print the questions on a 3x5 card or put in your Make It Fun & It Will Get Done Software Planner and get them into your routine.

What am I most happy about in my life right now?

What am I really excited about right now?

What am I really grateful for right now?

What could I do today that would make today more fun than ever before?

What could I do today that would create a break-through in my home?

What could I do today to connect more with my family members?

What's going to happen today that's going to make me feel total pleasure?

Who am I going to see today who will make me laugh?

What will I see today that I have never seen before?

What wonderful thoughts am I going to think today that I've never thought before?

What fabulous lesson will I learn today, without going through a negative experience to learn it?



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#### Terry's List

Fall Check fireplace flue

You probably need a chimney sweep to do this. You don't want buildup or obstructions in the flue or

chimney that can cause chimney fires.

Annually Drain water heater to get rid of sediment

Check water temperature

Annually Mammogram

Annually Pap smear

Every other month Clean or change heat/ac filter in house

Every other month Clean or change water filter in refrigerator

Fall Check insulation around windows and doors

During winds run your hands around door and windows. If you feel drafts you need to check the

insulation and fix leaks.

Fall In the fall check to make sure your gutters and

downspouts are not clogged up. BE CAREFUL if you

have to get up on a ladder.

Fall

Drain the gas from all engines you won't be using (mower/boat/ etc) over the winter. This includes lawn mower, weedeater, leaf blower, boat, tractor.

Fall If you have limbs close to your house you might

want to have them trimmed so they don't break off



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during a winter windstorm and do damage to your house.

Fall Get out your winter supplies and clothes, stock up

on food, put away lawn furniture, garden tools and

all summer things in garage.

Fall Open the flue so when you start your first fire the

smoke doesn't fill your room. You don't want to keep it open all the time if cold winter winds happen to blow down the chimney and into your

house.

Fall Before the first freeze disconnect hoses and put

them away. Put on bib protectors to prevent frozen

pipes.

Fall is a good time to do this. Not as many people

will be tracking in dirt now that summer is over.

Fall is when you take down screens and put up

storm windows to be ready for winter.

Fall Winterize your RV or boat so it is protected from the

ravages of winter. It will last longer and be all clean

and ready for spring.

Mid Summer In MID summer start getting school clothes and

supplies. In JUNE set up school physicals and

dental appointments. Don't wait until the last minute

when doctors and dentists are booked up.



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Monthly Once a month save your valuable information to

another drive, a CD or a DVD. It will save you tons

of grief if your computer crashes.

Monthly Check window locks. For your peace of mind walk

around the house and check all your windows to make sure they are securely locked. It is easy to open a window, think you have fully shut it when it

is really slightly open.

Monthly Empty computer recycle bin. Frequently when you

delete things from your computer they go into the recycle bin. They are still on your hard drive and taking up space. Go to the Recycle Bin and click on

the empty command.

Monthly Clean refrigerator coils. If you dust off the coils on

your refrigerator it will be more efficient and save you money. The coils are usually on the back or

under the refrig.

Monthly Replace toilet deodorizer or put new tablets in tank.

Monthly Check next month's birthday's/ anniversaries/

special events for NEXT month. It will remove the stress of last minute shopping for a card or present. And you'll probably get a gift that is a better choice

if you are not under the gun at the last minute.

Monthly Check all faucets indoors and out for drips

Once a month walk around the house, inside and out, and check all the faucets to make sure they are not dripping. If they are, replace the washers. Save

water and save money.



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Monthly Check batteries in clocks

Monthly Check credit card statements for the interest rates.

Each time you get a credit card statement look at the bottom to check the interest rate. If it is not on the statement call and find out what it is. Pay off

cards with interest rates over 12%.

Monthly Check first aid kit/restock

Take a moment to look in your family first aid kit to make sure it is well stocked. Replace anything you

might have used the previous month.

Monthly Check grease trap in/under stove

Most stoves have a grease trap, usually under the stove. Pull it out, wash it out and replace it. It can get pretty yucky if you don't keep on top of it.

Monthly Check medicines/expiration date/reorder

It just takes a moment but could be quite important. Just glance at the expiration dates of all medicines you have in your cabinets, prescribed or over the

counter. You want them to be effective.

Monthly Check oil levels in cars

At "service stations" you used to get your oil checked each time you filled up. The health of your engine can depend on the level and condition of

your oil.

Monthly Check outside light bulbs

Walk around the outside of your house at night to make sure all the lights are working properly.

Monthly Check toilets for excessive running

Even if it is running slightly a toilet can waste a lot of water. Many times it just takes a slight adjustment to



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fix it but even if you have to call a plumber you'll save on your water bill.

Monthly Check tray under refrigerator

Most refrigerators have a tray under them to catch any dripping water. Pull it out. If it has water in it you might have a problem with your refrigerator. If

not, wash it and put it back in place.

Monthly Check washing machine screens in hoses

Usually there are little wire screens in the washing machine hose where it hooks onto the plumbing. The screens catch all kinds of sediment. Cleaning them out allows for a better flow of water. Make sure you tighten the hose down when you put it

back on.

Monthly Clean car windshield

Other than properly operating brakes, a clean windshield is the best thing for safety while driving.

Monthly Clean computer fan

Vacuum it or simply blow the dust off the fan. If it has really built up you want to actually clean off the

blades.

Monthly Clean out car

You know how "stuff" can collect in a car, AND you

might find some money!!

Monthly Defrag computer drives

"Defrag" your computer hard drive monthly. It gets

very disorganized and defragging it puts

everything in order again.



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Monthly Disk-cleaning of computer drives

Take two minutes once a month to empty your computer recycle bin. It is like taking out the trash. It gives you back wasted space on your hard drive.

Monthly Drano in drains

Monthly File income tax papers

If you keep a central file and put anything you think might be related to taxes in that file each month it

will make doing your taxes much easier.

Monthly Pay extra on credit cards/highest rate cards first

Monthly Pull sink drain plugs and clean out buildup

Okay, okay, I know you don't want to do this but it needs to be done. Pull the drain plug out of the sink, wash it down and then get something to clean out

the gunk that has built up in the drain.

Monthly Reconcile checkbook

Monthly Replace burned out light bulbs

Monthly Test car brakes/lights/signals

Have someone sit in the car and tap the breaks, click the turn signals and flick the beams on high as you watch. Then quickly clean your headlights and

tail lights for safety's sake.

Monthly Wash fan filter for exhaust fan

Quarterly Oil change/filter change car

Six months Test GIF breakers on plugs near sinks



Six months Change garage door battery

Six months Change smoke detector battery

Six months Check doorbell

Six months Check frequent flier miles for expiration dates

Six months Co-ordinate all clocks in house/cars when the time

changes.

Six months Dentist appointments

Six months Septic tank solution

Spring Check lawnmower oil/clean filter

Spring Close chimney flue

Spring Get boat/RV ready

Spring Get mower sharpened and tuned up

Spring Get out lawn furniture

Spring Put away winter supplies

Spring Start planning vacations

Spring Take down storm windows/put up screens

Annually Save money, be warmer

On a windy day go around the house and feel electrical outlets that are on outside walls to see if there are drafts coming in. If there are buy little foam insulators designed to stop the drafts and put them on. You'll be warmer and save heating money.



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